Your new FIP Board
2013 World Congress Educational Program
FIP Member country updates
Academy update
Putting the spotlight on
Shoe Design and Runners’ Health
Is your front desk functioning 100%?

New beginnings
It is my pleasure, as your new FIP President, to say hello to all FIP members. I look forward to my new position on the FIP Board and am pleased to be able to continue working for and with FIP members and colleagues.

The 2014 Annual General Meeting in Iceland included elections for three positions on the FIP Board. In addition to my new role, I am also pleased to introduce Dr. Matt Garoufalis, the new FIP Vice President, and Christian Jerome, the new FIP Member at Large. It should be noted that the position of Secretary General is currently unfilled. Information about your new FIP Board is provided on page 12 of this issue.

On behalf of the FIP Board and myself, good wishes are extended to our three outgoing board members, Dr. Kathleen Stone, Heidi Corcoran and Mona Boysen.

Your new FIP Board members are already hard at work, building upon the activities and initiatives of the previous board. First and foremost is expanding on the outcomes of the FIP Board’s recent strategic planning session. The results of the planning session were shared with delegates at the FIP AGM, and the PowerPoint presentations that were used have been posted on the FIP website for all members to see.

Knowing that one of the pillars of the FIP is education for members, I am pleased to advise that new educational material has also been posted on the FIP website. More information about how to access these materials is outlined on page 20 of this issue.

We are also preparing for the 2016 World Congress of Podiatry, which will take place May 26-28, 2016 in Montreal, Quebec, Canada. We are now less than two years away from the start of the event, and while that may seem a long time, the multitude of tasks involved in putting on such an event is huge. We are fortunate that some of the key people involved in the success of the 2014 World Congress in Rome are already working on the numerous preparations for the 2016 event. Jayne Jeneroux and Dr. Robert Chelin have already completed a site visit of the location and explored several accommodation sources to ensure that there is something for everyone. As well, Vince Hetherington has agreed to again serve as the Chair of the Scientific Committee.

As time goes by, you will be hearing more and more information about the 2016 World Congress. For now, though, I hope that you mark your calendar for the dates of May 26-28, 2016 and plan to attend the congress in Montreal, Quebec, Canada.
Introducing your new FIP Board

President – Carine Haemels (Belgium)

Carine was elected FIP President on May 10, 2014. She has practiced for more than 20 years. For the past 10 years, she has also been active as the regional clinical advisor for Special Olympics International, Fit Feet Europe/Eurasia. She has also held board positions as the Secretary General for the FIP and Past Vice-President of the Belgian Podiatry Association. Carine obtained her Masters in Podiatry and Education degree in 2012 at the University of Brighton (UK).

Carine has been an active member on the FIP’s World Foot Health Awareness Month and Special Olympics International committees for several years. She has been a guest professor for the module “Podiatry and Intellectual disability” at the three university colleges in Belgium that provide podiatry education. She is active in the local community and has volunteered with various sport and charity organizations.

Vice President – Dr. Matt Garoufalis (United States)

Matt was elected as FIP Vice-President on May 10, 2014 in Reykjavik, Iceland. He is the past president of the Illinois Podiatric Medical Association and the Immediate Past President of the American Podiatric Medical Association. A graduate of the Dr. William M. Scholl College of Podiatric Medicine in 1982, Matt completed a surgical residency at the Westside VA Medical Center in Chicago and began private practice in Chicago. He now has offices in Chicago and Hinsdale, Illinois. He is the Associate Chief of the Podiatry Section and Assistant Residency Director at the VA Chicago Health Care System, Jesse Brown VA Medical Center.

He is Board Certified in Podiatric Medicine and Surgery and is a certified Wound Specialist by the American Association of Wound Management. He has authored many articles and lectured extensively on a variety of topics pertinent to wound care, podiatric medicine and surgery, and practice management.

Treasurer – Dr. Brad Sonnema (Canada)

Brad was first elected as the FIP Treasurer at the Oct 14, 2012 Annual General Meeting in Glasgow, Scotland. He is a practicing podiatrist in Edmonton, Alberta, Canada. Brad currently serves as the treasurer for the Canadian Podiatric Medical Association and is the President of the College of Podiatric Physicians of Alberta. Brad has recently completed his studies and has achieved his Master’s degree in Business Administration in Edmonton. He also holds a Master’s degree in Health Care Administration.

Secretary General – this position is currently vacant.
Member at Large – Christian Jerome (France)

Christian was elected to the FIP Board as Member-At-Large at the 2014 FIP Annual General Meeting in Reykjavik, Iceland on May 10, 2014. He has practiced alone for 10 years, then, for already 14 years, in partnership with another colleague because he likes teamwork. Christian is part of the Federation Nationale des Podologues in France. He has been President of the Regional Syndicate and is now the National Mediator for his federation. He has a university degree in the diabetic foot and is involved in therapeutic education groups. Christian is fluent in French, English and German.

Past President – Dr. Joseph Caporusso (United States)

Joseph Caporusso was first elected to the FIP Board in 2007 as Member at Large. In 2010 he was elected as FIP Vice President and then elected as FIP President on October 14, 2012 at the FIP/IFP Annual General Meeting in Glasgow, Scotland. Joseph has also served as the President of the American Podiatric Medical Association and President of the Peripheral Arterial Disease (P.A.D.) Coalition Past-Chair. He currently practices in McAllen, Texas. His practice focuses on all aspects and care of the diabetic foot. He has served on his local school board and is very active in his community.

At this year’s AGM, several PowerPoint presentations were used to illustrate reports and activities. Copies of these PowerPoint presentations have been posted on the FIP website. Only FIP members who have registered for access on the FIP website (www.fip-ifp.org) can access the presentations.

2014 FIP AGM update

The 2014 FIP Annual General Meeting held in Iceland on May 10, 2014 was the second time that the FIP held its meetings in Reykjavik. It was very apparent that members of the Icelandic Podiatry Association are proud of their country and also their podiatry profession. In addition to helping coordinate the details for the meetings, the IPC hosted a reception, prior to the delegate dinner that was held in one of the oldest houses in Reykjavik, which is now a restaurant.

Prior to the AGM, the FIP board held its spring board meeting, and also its meeting with FIP Corporate Partners. The afternoon prior to the AGM was once again dedicated for the FIP delegate session. This year’s session focused on strategic planning, both in terms of the value it provides for associations and the outcomes from the FIP’s recent strategic planning session in January 2014.

The 2014 AGM was well attended and provided a forum for a lively discussion on several topics. Elections for the positions of president, vice president and member at large were held. Full details about the current board members are provided on page 12 and 13.

It’s now less than a year until the 2015 Annual General Meeting, which will be held in Athens, Greece on May 23, 2015. Start planning now to attend.
Now available! The complete educational program of the FIP 2013 World Congress which took place in Rome, Italy from October 17-19, 2013.

This educational capture contains all keynote and plenary sessions, as well as all abstracts that were presented from our list of prominent international speakers.

How to access this educational information in Three Easy Steps

FIP-IFP Members
If you are currently a member of FIP-IFP and HAVE previously registered on the website, please skip to Step 2.

If you are currently a member of FIP-IFP and HAVE NOT previously registered on the website, please continue to Step 1 to do so.

1. Click here to register, and select the “FIP-IFP Member” option when registering. You will receive an email containing a link that you will need to click on to verify your email address. Once you have done this, an administrator will approve your free membership. Now that you have registered on the site, you can go on to step 2!

2. Log in to the website using the username and password that you selected in the registration process. Select the Upgrade Now link that you will see in the left menu. This upgrade will allow you to gain access to the World Congress Educational Seminar Sessions.

Please note: If you attended the conference, please contact the FIP administrator, who will provide you with a special code that can be entered when you upgrade. Attendees will have free access to the sessions!

3. Click on the World Congress Link that will appear on the left side of the screen and you will be taken to a page that contains all of the educational sessions!

NON FIP-IFP Members
If you are not currently a member of FIP-IFP, whether you attended the world congress or not, you will need to register. The process can be done in three simple steps!

1. Click here to register, and select the “Non-Member of FIP-IFP” option when registering. You will receive an email containing a link that you will need to click on to verify your email address. Once you have done this, an FIP administrator will approve your access. Now that you have registered on the site, you can go on to step 2!

2. Log in to the website using the username and password that you selected in the registration process. Select the Upgrade Now link that you will see in the left menu. This upgrade will allow you to gain access to the World Congress Educational Seminar Sessions.

Please note: If you attended the conference, please contact the FIP administrator, who will provide you with a special code that can be entered when you upgrade. Attendees will have free access to the sessions!

IF YOU ARE A STUDENT, PLEASE CONTACT THE FIP ADMINISTRATOR, WHO WILL PROVIDE YOU WITH A SPECIAL CODE THAT CAN BE ENTERED WHEN YOU UPGRADE. STUDENTS WILL BE GIVEN AN 80.00 EUROS DISCOUNT ON THEIR UPGRADE!

3. Click on the World Congress Link that will appear on the left side of the screen and you will be taken to a page that contains all of the educational sessions!

FIP 2013 Education Program ONLINE NOW!

Thank you to Spenco Corporate for sponsoring the FIP-IFP Educational Program
Canada

One of the most exciting activities that the Canadian Podiatric Medical Association (CPMA) is currently involved with is the 2016 World Congress of Podiatry. Less than two years away, the CPMA is already working with the FIP to make the 2016 event even greater than the 2013 World Congress in Rome. The venue has been selected, the Chair of the FIP Academy of International Educators has agreed to oversee the scientific program and decisions about hotels and other key components are under review.

The 2016 event will be a partnership between the FIP and the CPMA. Together, we are starting to put together committees and creating promotional materials to advertise the dates and location – May 26-28, 2016 at the Palais du Congress in Montreal, Quebec, Canada.

The CPMA also recently wrote new bylaws for the association for compliance with the federal government’s new Not for Profit Act. This was a major undertaking, but is nearing completion.

The CPMA also held a planning session in June to review progress against the goals and objectives of the association. The CPMA has made significant progress communicating with insurance companies and affiliated organizations, but continue working on issues as they arise.

Please mark your calendar and plan to attend the 2016 World Congress of Podiatry. Canada is very excited be showcasing our country, and especially the very cosmopolitan city of Montreal. We hope to see you there!

Denmark – Danes in action

The People Meeting
In June, politicians, organizations, public authorities, journalists and citizens gathered on the Danish island of Bornholm for four days. The National Association of Podiatrists participates to raise awareness of issues concerning feet and how important healthy feet are to society. Some of our activities this year were evening foot exercise, foot political jeopardy, foot screenings and speeches on Speakers’ Corner.

Health Magazine
In order to spread the word about podiatry and how people can keep their feet healthy, we have made a deal with a popular Danish health magazine. In every issue, they bring two pages about feet and podiatrists. So far we have written about forefeet varus, sandals and ingrown toenails. Our goal is to make the Danish population more aware of their feet and podiatry.

DanAge Association
More than 700,000 Danes are members of DanAge Association which is about 13 percent of the Danish population. We have entered into an agreement with them which makes it possible for our members to give a discount of 10 percent to their members. It is voluntary so no one is obliged to give the discount.

Facebook page and group
One of our latest media initiatives is Facebook, where we have launched a page and a group. The page is for everybody who is interested in their feet or the organization as such. The group is for members only and the goal is to offer them a forum where they can exchange experiences, ask questions and start professional discussions.

Tina Christensen with the former Minister of Health in Denmark, Astrid krag

A Danish podiatrist educating some of the visitors.
France

Petition ANGRY PODIATRISTS: the conventional negotiations that are slowed down, training institutes that open without any consultation of the profession, unbearable workloads, patients have more and more difficulty getting care: the time is serious for the profession. The FNP has launched a national petition to be signed by podiatrists, health professionals, patients and their associations.

Inter professional agreement: the national organization of professional unions (UNPS) who spent convention with health insurance are negotiating an inter professional agreement to define the support of coordination of the work of multidisciplinary teams working in homes and health groups. This concerns all podiatrists and health professionals. Negotiations must be completed by the end of July 2014.

Germany

Below you will see all meetings from our organization. The large one is in September. We will celebrate the 20th birthday from the Verband-Deutscher-Podologen. It is a very interesting program with international speakers and I will invite all those who have an interest. For more information, you can look at our website: www.verband-deutscher podologen.de.

Regards, Volker Pfersich – First-President of Germany

Veranstaltungsdatum: Samstag, 5. Juli 2014 9.00 Uhr - 12.00 Uhr Thema: Jurtin-Einlage Diabetes adaptierte Fußbetttung Sondereinlagen
Druckmessungen Referent: Matthias Löffler Orthopädiesschuhtechnikermeister
Fortbildungs punkte: 4 FP 13.00 Uhr - 15.30 Uhr Erste Hilfe Referent: Roland Rieker Facharzt Anästhesie, Notfallmedizin, Ärztliches Qualitätsmanagement Veranstaltungsort: Hotel Stadt Tübingen Stuttgart Str. 97 72072 Tübingen Kosten: VDP-Mitglieder: 100,00 € Nichtmitglieder: 150,00 € Anmeldung Geschäftsstelle LV Baden-Württemberg Anmeldeformular per Telefax 07121 31 00 89 oder per E-Mail Anmeldeschluss: 25. Juni 2014

Diabetes update LV Nordrhein-Westfalen Samstag, 30. August 2014
Für weitere Informationen und Anmeldung wenden Sie sich bitte an die Geschäftsstelle unseres Landesverbandes Nordrhein-Westfalen


Italy

In the March-May quarter, the commitment of AIP has focused primarily on strengthening relations with the highest health institutions, on publishing regarding podiatry, training.

With regard to strengthening, President Mauro Montesi has met twice with the Minister of Health, Beatrice Lorenzin, who has shown great sensitivity to the role of podiatry in the national health system. Positive relations with the President of the Lazio Region, Nicola Zingaretti, so much so that account is taken of podiatry in the organization of the Houses of Health, established in Lazio Region to strengthen the medicine of the territory.

As for publishing, AIP reported a large, widespread interest in the "Treaty of Podiatry", presented for the first time on the occasion of the World Congress in Rome last October.

How many have had the opportunity to consult, have recognized the great value of the work, which, among other things, can be considered “Unique” at the European level. In five pages of each of the two volumes was treated every aspect of our profession, the history of it to the professional aspects of the most important, to the cultural cues that characterize our business.

But the effort was aimed at training and in particular the organization of the XXVIII National Congress which was held in Bolzano from 1 to 4 May. This edition has been substantially modified compared to previous ones. First of all, the seat: in fact took place at a university, the Claudiana, which in only three years, thanks to the AIP, had set the course of podiatry. On this occasion, then, has been extremely limited time devoted to the plenary session and institutional relations. They were, in fact, privileged work-shops, made in real podiatric clinics, often with the presence of the patient, where the teacher was able to better highlight the different aspects of the disease and the assistance provided by the podiatrist. The innovations were received with much favor by podiatrists present, who have emphasized the usefulness of being able to attend practical classes directly on the patient.

He closed the Congress Mariapia Garavaglia, former Minister of Health, which has recognized the great development of Podiatry Italian, now well aligned with that of other more advanced European countries.

Norway

We are happy to present our new board members who were elected this spring at our biannual general assembly meeting.

Our new president is Anita K. Solberg who has been vice president for the last six years and well prepared for the job. The board is showing great enthusiasm, and are highly dedicated to work towards our three main goals:

Improving the image of podiatry amongst the public, getting more podiatrists employed in the public health sector and increasing the level of competency amongst our colleagues.

We are also very grateful for the work done by our former board which led us through several years of stable growth as an organisation, and especially grateful to our former president Mona Boysen.

With kind regards, Føtterapeutforbundet

From left: Eva Nyegaard-Larsen, Kathrine Rosenberg, Anita K. Solberg, Christina S. Holmen and Finn Asmussen

Peru

1. AGM ASSEMBLY OF FIP
The Peruvian representatives attended the General Assembly in Reykjavik on 9 and 10 May. We had the opportunity to participate in the AGM meeting and went as observers to the ECP meeting of the European Community. We thank our European colleagues for the invitation. We were part of the new election of the President of the FIP and board, plus we were part of the meeting of the members of the International Academy of Podiatric Medical Educators and saw the work already executed and analyzed by performing projects in the future.
The Australian College of Podiatric Surgeons Proudly Presents:

Clinical Sessions Seminar 2014
The Difficult Ankle & RearFoot

FOOT\& ANKLE INSIGHT 2014
SYDNEY | MELBOURNE | PERTH | ADELAIDE | BRISBANE

REGISTRATION NOW. SPACES LIMITED!!

Join us for a day of lectures, discussions and clinical pearls on the diagnosis and management of common conditions of the ANKLE & REARFOOT

During this one day seminar, surgical fellows and invited speakers will discuss the assessment and management of ACUTE ANKLE SPRAIN and the diagnosis and management of CHRONIC ANKLE PAIN associated with the unstable ankle. Refresh your knowledge of commonly encountered but difficult to manage rear foot conditions such as ADULT ACQUIRED FLAT FOOT DEFORMITY and TARSAL COALITIONS.

Program Objective
To enhance the understanding, diagnosis and clinical management of acute and chronic ankle pathology, adult acquired flatfoot deformity and tarsal coalitions in an interactive program combining lectures, discussions and take home clinical pearls to use in your practice! Improve your patient management and clinical diagnostic skills!

FULL REGISTRATION – $310.00
STUDENT REGISTRATION – $195

Attend this day seminar and share in the clinical wisdom of your peers. Take this knowledge back to your practice and enhance your patient management.

Register today!
http://acps.edu.au/_20140131/seminars_events.php

PERU [CONTINUED]

We thank the Icelandic Association of Podiatrists for inviting us to the gala dinner and the meeting of wine and cheese, and allowed us to know not only great colleagues but also great friends. We were delighted by the hospitality of their people.

2. Visit to the French School of Podiatry
In May we visited the National Institute of Podiatry (INP) in Paris and visited the different areas of study and practice center for students. It was interesting to talk with teachers and students and know the techniques which are practiced here. It was interesting to see the high level of podiatry practiced in France.

Podiatrists Nuyttens Dominique, Director of INP and Elena Regalado, ACCTP Representative, talked about the differences and similarities of podiatry in Peru and France.

We appreciate the hospitality of French podiatrists and to know this wonderful study center.

3. Visit to the Icelandic School of Podiatry
A day before the AGM meeting, FIP members visited the SKOLINN SNYRTI school located in Reykjavik. Ms. Inga Kolbrun, School teacher, met with Joseph Caporusso, DPM, Robert Chelin, DPM, Vincent Hetherington, DPM and the Pdga. We watched the different areas of teaching, it was interesting to know about Iceland’s podiatry and to receive the hospitality of the teachers and students. Podiatry studies in Iceland are for 1½ years and it was interesting to know that this country has 300,000 population and there is a community of 100 podiatrists working for the health of the foot.
4. Visit to the Swedish school of podiatry
The Axelson Institute of Stockholm teaches podiatry since 1952 and it has formed several generations of professional standing. The Head of Practice Area Irini Mouratidou met with Pdga. Elena Regalado and showed the various areas of practice available to this school. We can attest to the magnificent facilities in which students learn all topics related to the foot and also know that there is a good working level of podiatry in Sweden.
We also had the opportunity to meet with President Ann Lindstrom and discuss various topics of podiatry.
We thank our Swedish friends for their great hospitality.

5. Cooperation Agreement with France
In May, Pdga. Elena Regalado Director of School of Podiatry JEVIAL from Peru, and Dominique Pdgo Nuyttens, Director of National Institute of Podiatry of France, met to discuss and to have the possibility of a student exchange between students and teachers of both academic institutions, allowing the development of knowledge.

This future cooperation agreement between the two schools allows Peruvian podiatrists to learn French techniques and French podiatrists to learn Peruvian techniques.

Podiatrist Dominique Nuyttens will visit Peru in October and will have the opportunity to see podiatry done in Peru.

The “Caring for Your Feet” Association is the entity in charge of arranging a student exchange in Peru so they can travel to France next year.

6. Gratitude for Joseph Caporusso, DPM
We express our thanks to Joseph Caporusso, FIP’s President who recently left office, but during his time we provided support to unite the South American podiatry and effort to make the FIP larger, we have witnessed his professional work and we can only say thank you, but we are confident that his commitment to FIP and podiatry will continue in the future.

7. Greetings to new President Carine Haemels
The ACCTP salutes and congratulates Carine Haemels on her appointment as FIP’s President and wish her every success in this new role. We know of her great professionalism and we trust that she is going to be a good leader for FIP.

8. Visit to the Equatorian school of Podiatry
Last April we visited the Liberty Institute in Quito, Equator, where it teaches podiatry since 2009. Mr. Ricardo Alvarez, Director of the school met with Mr. Aldo Palomino and he showed the various areas of practice and study center. It was interesting to see the good level reached in podiatry in Equator. The studies of podiatry in Equator are 2½ years and received as technicians in podiatry, and they are currently recognized by the Ministry of Education and Health.

Equator has a population of 12 million and has about 130 podiatrists nationwide.

9. Events of Podiatry in Peru
The ACCTP will organize together with the School of Podiatry JEVIAL three leading international seminars with 3 foreign podiatrists in August 4 to 5, we will have the lecture of Oscar Alvarez-Calderón, podiatry teacher at the University de la Coruña of Spain, in October Podiatrist Dominique Nuyttens, Director of the Institut
National de Podologie of France will give workshops in Peru and finally in November 22-23 we will receive a visit from Dr. Vincent Hetherington, Director of the Ohio College of Podiatric Medicine in the United States, who gives dissertations in Lima.

Peruvian podiatrists will have the opportunity to learn new podiatry topics and they can learn from these great podiatrists.

ALDO PALOMINO - ACCTP

South Africa update

Good day from a nice and chilly South Africa. This time of year sees most of our podiatrists getting a lot of runners ready to run the Comrades Marathon, which is the world’s oldest and largest ultra marathon run over a distance of approximately 90 km | 56.1 miles between the capital of the Kwazulu-Natal Province of South Africa, Pietermaritzburg, and the coastal city of Durban. Approximately 17 000 runners will start this gruelling race with around 13 000 actually finishing it.

On another exciting note, it gives the Podiatry Association of South Africa great pleasure to announce the 10th Anniversary of their Biannual Conference to be held from the 14th-16th August 2015 at one of the most beautiful places on earth, the Protea Hotel Stellenbosch. The conference is planned to be an action packed 3-day event with cocktail parties and formal events. It’s time for our podiatry friends from overseas to visit, come and learn and most importantly bring the family for an unforgettable holiday! Follow it on Facebook (Podiatry Association of South Africa) or twitter (#pasacongress2015) for speaker announcements and further information.

Switzerland

Provided below is some news about the Société Suisse des Podologues (SSP)

During our last general meeting in March of this year, the board of the SSP was revised. Our Président Martine Blaser-Menoud was reelected. A new vice president, Mireille Delaplace was elected and put in charge of lifelong learning and the new regional delegates. We were happy to see that the new generation was also ready to help in the association.

Our fees, which were 450CHF (about 375 €), were raised to 480CHF (about 400€) to be able to cover the cost of our new Swiss organization OPS –Organisation Podologie Suisse. From the 280 members of our association, 90 members were at the AGM.

Internet site: The internet site of the SSP was totally renewed to be more user-friendly. It is now much easier for the large public to find a podiatrist in their area. The site is also in English to meet the expectations of the large international population in Switzerland. Thanks to the hard work of Fkeur Erbeia, podiatrist, we didn’t have to find a corporate to re-work the site.

Communication/Public relations: The SSP board agreed to allocate a substantial amount of the budget to spend on communication and public relations in order to reinforce our image and have a consistent communication.

Pamela Chiuppi will be in charge of media relations and finding corporates and, in conjunction with Fleur Erbeia, creating an electronic bulletin and a graphic plan (new logo for SSP, common documents, etc.)

Title protection: Even if in Switzerland the new profession title is Podologue, the title of Pédicure is still protected in the laws about the profession. This is the case in some regions but in other regions this isn’t. In those regions, people can follow a short education in esthetic care and still can claim they are “pedicure”. This raises confusion for the large public. The SSP sent a juridical letter to all persons using the term “podologie (pedicure médicale (medical pedicure), soin des cors (treatment of corns), verrues (warts), ongle incarnés (ingrown toenails) stating that without being a podiatrist that they have to regularize their title to “pedicure esthétique”. It is our duty to inform about our competencies and to warn patients against “pseudo pedicure.”

SAFW: Swiss association for wound care: Our president Martine Blaser-Menoud joined the SAFW committee to reinforce our collaboration and once more to inform about our competencies.
**SWITZERLAND [CONTINUED]**

**Save the Date:**

First congress of Swiss societies of wound care on 24-25 of September 2014 in Bienne. Simultaneous translation French – German.

The 24th congress of the SSP will be in Sion (Valais) on May 8th 2015.

For more information on the programs you can consult our website www.Podologues.ch

On behalf of our SSP board, I wish you an excellent summer.

Jennifer Wanner-Maré
SSP delegate for FIP-IFP

**The Netherlands**


19th of September 2014: Dutch Podiatry Conference in The Evoluon in Eindhoven, The Netherlands. One track in the program will be in English! For more information, mail: m.vanputten@podotherapie.nl

20th of September 2014: ECP meeting in Eindhoven, The Netherlands

**United Kingdom**

SOCIETY OF CHIROPODISTS AND PODIATRISTS UNITED KINGDOM
We are currently running a media campaign on the theme of “Take the Weight off your Feet”. This campaign resonates with the wider public health messages around rising obesity levels that are being promoted by the UK government. It was recently revealed that the UK has the third highest levels of obesity in Western Europe (only lagging behind our friends in Iceland and Malta).

Research just released by the College of Podiatry shows that British feet have increased by two shoe sizes since 1970, which is linked to increasing weight and height. The research also shows that 34% of men and 46% of women buy shoes that do not fit. The campaign emphasises the importance of wearing the right footwear to aid mobility and exercise.

This campaign is part of a wider project to increase public awareness of podiatry, particularly amongst young people. Podiatry in the UK attracts a higher number of mature students than in the other allied health professions. We are keen to attract more school leavers into the profession to ensure that enough podiatrists are trained to meet the needs of the ageing population and growing prevalence of diabetes. A recent study commissioned by the SCP suggests that by the year 2030, six million older people in the UK will have a foot problem that will require professional care. Meanwhile the number of people diagnosed with diabetes has increased to more than 3.2 million, an increase of around 163,000 since 2012.

All this data feeds into our continuing political lobbying to reduce amputation levels by improving podiatry provision. This will be a key message in the run up to the UK general election in May 2015.

We are also monitoring closely the campaigning around the referendum on Scottish independence which will take place in September. The SCP is not making any recommendation to members on which way they should vote, though we are publishing relevant information where this is available. If there is a “yes” vote in favour of independence nothing will change overnight as there will be many high level issues around finance, defence, etc., for the respective governments to resolve. However, in the long term there would be significant implications for the SCP’s organisational structure, and potentially we might have to meet different statutory requirements in the two jurisdictions.

This will certainly make for a very interesting and busy summer!
Academy Update

Report from the FIP – AGM meeting held in Reykjavík, Iceland May 8-10, 2014 including the summary of the Academy meeting held on Saturday, May 10 and a discussion held with the ECP on Friday, May 9.

Elena Regalado and Vincent Hetherington represented the Academy in a meeting with Neil Simmonite, Pauline Wilson, Minna Stolt and Peter Boelens representing the ECP, and Will Dielis representing ENPODHE attended via telephone. Discussion centered on the movement within the European Union to comply with the European Directive relative to the movement across borders of various practitioners including physical therapists, occupational therapists and podiatrists. The ECP is looking to establish and formalize a structure or common platform by which countries could be compared educationally and by scope of practice. The Academy could provide some educational expertise and advice. The academy practice surveys were forwarded to the ECP for their review and discussion. This may be an opportunity to finally distribute the Academy survey and begin data collection if done in conjunction with the ECP. Future opportunities were the development of a database on podiatric research, development of guidelines and protocols for practice and EBM.

Unfortunately, the Icelandair pilot strike disrupted the Academy meeting with one member unable to attend the meeting and one member arriving very late the night before the meeting. Those in attendance for the Academy meeting included Vincent Hetherington, Heidi Corcoran, Gabriel Domingues and Elena Regalado accompanied by Aldo Palomino. The meeting reaffirmed the future mission of the Academy, which included:

1. Finalization of the document making the Academy a standing committee of the FIP, including a review of the membership.
2. Enfranchise and encourage participation in the Academy by member countries and organizations. Response to the academy emails has been minimal as well as use of the Academy blog available on the Academy webpage. The Academy cannot support or help members if they do not take advantage of the opportunity.
3. Refine a definition of podiatry – podiatric medicine.

The definition that appears to be acceptable to all members of the Academy and extended members included is the following:

“Podiatric medicine is a health profession providing preventive diagnostic medical, surgical and rehabilitative care for diseases affecting the pedal extremity”

4. Assist the FIP in the development of the World Congress educational program.
5. Consult with member countries and schools on educational issues.
6. Collaborate with other committees of the FIP with specific educational issues.

The remaining items are for future consideration:

7. Recommend to the AGM an educational threshold policy for membership in both the Academy and the FIP;
8. Provide a forum for faculty interaction;
9. Provide for future professional development and education;
10. Provide students a future opportunity to be involved in the Academy website;
11. Increase activity on the Academy website, including advertising or linking to other websites to increase visibility.
12. Develop one or two educational sessions to present at the 2016 World Congress in Montréal.

At the AGM meeting, I gave a brief presentation concerning the Academy and the apparent lack of interest in participation by member countries in schools. I asked how many of the participants at this AGM attended the meeting in Rome and I would say at least 90% of the participants raised their hands. When I asked how many of them had registered or visited the Academy site, there were no hands raised. “Now you can see the problem the Academy faces.” Please register and participate with the Academy.

Dr. Vince Hetherington – FIP Academy Chair
Dr. Patrick DeHeer of Franklin, Indiana was the recipient of the FIP 2014 Humanitarian Award for the comprehensive diabetic foot program at the Hospital Bernard Mevs Medishare in Port-au-Prince, Haiti. As director of the diabetic foot program, he is charged with the establishment of a comprehensive program including, diabetic wound care, surgical care of the diabetic foot, routine foot care, diabetic foot examination and risk classification, and a diabetic orthotic program. The ultimate goal of this program is to reduce the high rate of amputations in Haiti, thereby reducing the subsequent high mortality and morbidity rates. This is a Haitian program for Haitians run by Haitians supported by those involved by sharing knowledge and experience. Once the clinic is fully established, it will be expanded countrywide, with the original clinic serving as the referral source for the regional and local clinics.

Dr. Kel Sherkin, a Canadian podiatrist practicing in Ontario, Canada has served as Chair of the FIP’s World Foot Health Awareness Month Committee from 2007 - 2013. In addition to overseeing the WFHAM campaign, Dr. Sherkin has also volunteered his time and effort for many other podiatry-related causes, including serving as President of the Ontario Podiatric Medical Association, Past president and co-founder of the Canadian Podiatric Sports Medicine Association, and Canadian Director of the Fit Feet Healthy Athlete Special Olympics program across Canada. He also served as the podiatrist for the Toronto Argonauts Football Team.

Dr. Glenn B. Gastwirth, DPM is the Executive Director and CEO of the American Podiatric Medical Association (APMA). He joined the APMA as Director of Scientific Affairs in 1986, and was named Deputy Executive Director in 1992. Dr. Gastwirth served as president of the Michigan Podiatric Medical Association in 1981 and represented Michigan in the APMA House of Delegates.

He has received numerous awards, including the APMA Distinguished Service Citation, Honorary Fellow of the Society of Chiropody and Podiatry (UK), and an Honorary Doctor of Humane Letters from both Ohio College of Podiatric Medicine and New York College of Podiatric Medicine. In addition, Dr. Gastwirth was also recognized for his significant contributions to the welfare of the citizens of Michigan by the Michigan Legislature. In 2011 he received the American Podiatric Medical Association Political Action Committee (APMAPAC) Chairman’s Award for his commitment to political action.

At the FIP 2014 AGM in Iceland, Dr. Robert Chelin was presented with the FIP’s lifetime achievement award in recognition of his dedication to the podiatry profession and his involvement with the FIP. During his Presidency of the Canadian Podiatric Medical Association, he became the first Canadian delegate to the FIP in 2001 and then became the inaugural Chairman of the FIP World Foot Health Awareness Month Committee in 2003. Since then, he served as FIP Vice President, then President. in 2012, he was appointed as the FIP Chief Executive Officer.

Dr. Chelin was previously awarded the FIP Distinguished Service Award on October 16, 2013.
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How much of this can be attributed to footwear design? Longtime biomechanist Benno Nigg, Drscnat, Drhcmult, who gave a keynote on the topic at the IOC conference in Monaco, isn’t sure.

“The effects of shoes on running and running injuries are not well understood,” said Nigg, a professor of biomechanics and co-director of the Human Performance Laboratory at the University of Calgary in Alberta, Canada, who is set to retire at the end of this summer.

The one footwear characteristic Nigg does believe affects injury risk in runners is comfort. This is based on the findings of a 2001 study in which his group found that injury rates in military personnel were significantly lower in those who wore inserts they selected based solely on comfort than in those who wore no inserts. The selected inserts varied widely with regard to component materials.

“We all have different optimal shoes, but we all also have a comfort filter, and that reduces injury risk,” Nigg said. “That’s why running injuries haven’t changed—because you always run in shoes that you like.”

Several studies presented at the IOC conference tend to support the theory that specific footwear design characteristics do not influence injury rates.

In 247 runners randomized to use a shoe with a hard midsole or one with a soft midsole for five months, researchers from the Public Research Centre for Health in Luxembourg found that the risk of running-related injury was similar between groups.

And in a study of 1696 novice runners, investigators from the University of Groningen in the Netherlands found that the incidence of running-related injuries over six weeks was not significantly related to the age of running shoes worn.

In a third study, the Luxembourg researchers found that nine-month follow-up data confirmed earlier five-month results, suggesting that runners who switched between different pairs of shoes had a lower risk of running-related injury than those who predominantly used only one pair of shoes. The nine-month hazard
ratio for multiple shoe use was .539, even lower than the hazard ratio of .614 seen at five months (see “Switch trials: Shoe use, striking affect risk in runners”).

Multiple-shoe users were about three times more likely to switch between different brands of shoes than between different models of the same brand or different versions of the same model—which again appears to support the idea that particular shoe characteristics do not influence injury risk. Rather, it may be that sticking with any type of shoe for too long, regardless of its structural features, is detrimental, said Laurent Malisoux, PhD, a researcher at the Luxembourg center’s Sports Medicine Research Laboratory, who presented the findings in Monaco.

“We cannot conclude from our findings any causal relationship, but I think that multiple shoe use is protective against injury,” Malisoux said. “It could induce a variation in external or internal forces, and we know that overuse injury is caused by repetitive microtrauma.”

Sources:

Running for a good cause

by Carine Haemels, Mch-M.Sc.

A great number of podiatrists are involved in a variety of activities outside of their day to day practice. Many participate or help out at various charitable events. One example of this is the Roparun that new FIP President Carine Haemels is involved with every year.

Roparun 2014 is the 23rd edition of a relay race of approximately 520 kilometres from Paris to Rotterdam simultaneously with a race from Hamburg to Rotterdam, in which people work as a team to give a combined sports performance in order to raise money for people who suffer from cancer. You could also call it an adventure for life. This is also clear from the motto, which has been the same for many years: “Add life to the days, where often days can no longer be added to the life.”

At the start, 343 teams from The Netherlands, Belgium, France and Germany participated in this year’s race. A Roparun team consists of a maximum of eight runners, who each run an average of about 65 kilometres, which is well over the distance of a marathon. A team must also have a minimum of two cyclists and a number of people forming a support team. This includes drivers, medics (physicians/ physiotherapists/ podiatrists, etc.), caterers and road captains. The teams themselves are responsible for filling these roles and, on average, a team consists of 25 people.

Besides the physical challenge, the team must also make an effort to raise money for the cause. Teams do this by organizing various activities.

With our team we were able to run the race in an average speed of 12,40 km/hour and this brings the team as the 29th of the 230 ending teams. The first team had an average speed of 14,44km/ hour and the last team that finished a speed of 10,20km/hour.

During the race we were confronted with extreme weather situations of rain and also against hailstorm with hails as big as a ping pong ball! Luckily, nobody was hurt too badly.
Let’s continue on our journey to evaluate the functionality of the front desk. In Part I, we addressed phones, scheduling, staff positioning, policies and necessary tools for success and how if absent, used improperly, abused or unenforced, will produce a “de-ficiency of efficiency”. Following are additional areas of awareness:

**Inadequate training:** A typical (improper) training strategy is... “Follow Gail around and she’ll show you what to do.” While Gail may be your number one assistant, she may NOT be the best teacher and hard as it may be to accept, inadequate instruction produces inadequate results. Shadowing other staff has its place (particularly give them adequate time to shadow you), but new employees need more. Demonstrate, explain, clarify, encourage questions and again, provide them with tools to help them succeed, e.g., detailed, written job descriptions, employee and procedure manuals, scripting guidelines, performance reviews and continuing education opportunities (seminars, reading materials, webinars, etc.) Putting together a solid training program that develops high-quality staff requires effort and ongoing commitment but the return on investment is incredibly satisfying. Learning doesn’t stop after a 30 day probationary period; or after a year...or after ten years for that matter, and neither should training.

**Front-back office conflicts:** Quarrels between the front and back office personnel are not rare. In fact, if it’s not happening in your office, consider yourself fortunate because not only does it translate as unprofessional; it’s totally unproductive. These mutual disruptions (also identified as power struggles, defense mechanisms, and/or territorialism) happen for several reasons.

Quarrels between the front and back office personnel are not rare.

**Each “team” has independently created their own “opposing” goals.** The front office’s objective is to fill holes in the schedule while the back office’s intent is to stay on time. With a little cooperation – both goals can be met through the development of realistic scheduling templates; however there’s little incentive for them to work together.
Blaming is easier than understanding. This can be corrected by suggesting they (temporarily) walk in each other's shoes to allow them to experience and thereby appreciate the complexities of each other's jobs. The added benefit is that it also serves to cross train them.

There is no structured communication system in place to address the existing problem. A simple 5 minute joint huddle each morning would allow them to prepare for the day ahead by reviewing the schedule together and discuss where and how to fill any potential openings.

Collections: Not everyone is good at collecting money. Being accommodating to patients is one thing; allowing them to manipulate your office is another. Delivering easy-going comments such as, “Can you pay your co-pay today?” or “Sure, we can bill you.” or “No problem. I understand you have a lot of expenses this month.” go hand in hand with a high accounts receivable. The individual in charge of collections must be capable of getting the job done and be fully accountable for accurate record keeping and documentation. Additionally, they should proactively help educate patients about their financial responsibilities, stick to and enforce practice financial policies and work with the billing office to collect outstanding patient balances.

Data input errors (due to a lack of attention to detail): Multitasking is one of the biggest reasons that mistakes occur so if attention to detail suddenly drops and errors appear to be increasing, one of the first things you’ll want to take a look at is whether or not job duties have (realistically) become too overwhelming and staff is trying to do too many things at once or are they just unfocused. An “acceptable” error rate is said to be between 3-5%. Does your practice fall within this range? How many claims come back as denied because of errors in data entry? Simple keystroke errors (e.g., transposed numbers) result in a claim taking up to four times longer to be paid and that kind of mistake (especially when multiplied) has a cash flow impact too great to ignore. One way to determine an error rate is to create a “reasons for denial” chart. If it is determined WHY claims are being denied, they can be fixed. Next, have staff double check their work and advocate for accuracy over speed. Finally, set a goal with a more positive spin on it. Incentivize staff to shoot for a >97% accuracy rate instead of a <5% error rate; monitor progress monthly and reward accordingly.

Even if you never achieve 100% functionality in the front desk, it should at least be something you and your team strive for! While these are not the end-all, be-all areas that can inhibit your efforts – they are by and large some of the most problematic. Be aware, then take action to improve.

Ms. Homisak, President of SOS Healthcare Management Solutions, has a Certificate in Human Resource Studies from Cornell University School of Industry and Labor Relations. She is the 2010 recipient of Podiatry Management's Lifetime Achievement Award and recently inducted into the PM Hall of Fame. Lynn is also an Editorial Advisor for Podiatry Management Magazine and recognized nationwide as a speaker, writer and expert in staff and human resource management.
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2014

- **September 11-14, 2014**
  - Ontario Podiatric Medical Association Annual Conference
  - Toronto, Ontario
  - www.opma.ca

- **September 18, 2014**
  - Orthotic Technology Forum
  - Eindhoven, The Netherlands
  - www.orthotic-technology-forum.com

- **September 19, 2014**
  - Dutch Podiatry Conference
  - Eindhoven, The Netherlands
  - Info – m.vanputten@podotherapie.nl

- **October 18–19, 2014**
  - National Congress of Podiatry
  - Docks of Paris, Porte de la Chapelle
  - fed.nationale.podologues@wanadoo.fr

- **November 13-15, 2014**
  - SCP Annual Conference
  - Bournemouth, U.K.
  - www.feetforlife.org

- **November 14-16, 2014**
  - Live Well With Diabetes
  - Sheraton Wall Center
  - Vancouver, British Columbia
  - www.foothealth.ca

2015

- **March 19-21, 2015**
  - DFCon Diabetes Conference
  - Hollywood, California
  - www.dfcon.com

- **May 8, 2015**
  - SSP 24th Congress
  - Valais, Switzerland

- **May 23, 2015**
  - FIP-IFP Annual General Meeting
  - Athens, Greece
  - www.fip-ifp.org

- **July 23-26**
  - APMA Annual Scientific Conference
  - Orlando, Florida
  - www.apma.org

2016

- **May 26-28, 2016**
  - FIP World Congress of Podiatry
  - Montreal, Quebec
  - www.fipworldcongress.org

- **July 14-17, 2016**
  - APMA Annual Scientific Conference
  - Philadelphia, Pennsylvania
  - www.apma.org

2017

- **International Association for Identification
  - Atlanta, Georgia
  - www.theiai.org

Scope of podiatric practice meeting

The CEP/ECP is delighted to announce that we will be having an information meeting on the 20th of September in Eindhoven in the Netherlands.

This meeting aims to work on the next steps involved in processing the common platform on scope of podiatric practice and threshold qualifications across Europe.

The meeting is open to all podiatrists who are members of the ECP or who aspire to be members of the ECP who have an interest in developing a common platform.

This meeting will give podiatrists an opportunity to meet with the ECP Board and to discuss work already completed on these documents. This will be a large piece of work going forward and we hope to see as many podiatrists there as possible who are interested in working with us in this common goal. We also hope to launch some more qualitative data pieces on these topics at the meeting which are currently being worked upon with the International Academy of Podiatric Educators.

The NvVP will be having their scientific meeting on the day before our meeting to which members of the ECP are invited to attend – further details will be circulated to you nearer the time. This is a great opportunity to avail of CPD in addition to attending our meeting. Please keep the date free in your diary and we will forward further details to you as soon as we have them. The ECP Board looks forward to meeting you again in Eindhoven.
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FOR MORE INFORMATION VISIT:

Pre-conference MasterClasses will be held on Thursday the 13th November. Register now to secure a place in one of these classes!

Save the date!
ECP/CEP informal meeting
Saturday 20th September 2014
Eindhoven

The aim of this meeting is to discuss the next steps in arranging common platforms for practice and education for Podiatrists across Europe. Hope to see you there – further details to follow.
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